

Healing Crystals and Gemstones

The article provides you with a list of some common and uncommon crystals and gemstones, describing their characteristics and healing properties.

Please note that the provided information is not meant to be taken as a replacement for your doctor's medical advice. Those in need of medical attention should consult a qualified doctor or therapist.



AMETHYST

This purple or mauve colored quartz is used for meditation. It soothes the mind, raises the spirit, rebalancing and increasing awareness, assisting spiritual development, giving protection from negative vibrations. Amethyst is a stone for change – of great use in healing and fore easing pain, removes impurities from the blood and encourages sound sleep. Traditionally it was believed to protect from drunkenness.

AVENTURINE

A variety of quartz, usually green with mica inclusions. This stone helps equalize blood pressure, encourage creativity, gives courage, independence, calmness and serenity. It alleviates skin disease. Gives adventure and luck in love and sport.

AGATE

Gives courage and banishes fears. Calms and increases self esteem. Reduces fever; A stone of health and good fortune.

AGATE - BLUE LACE

Makes self-expression easier, aids speaking out, aids seeing and validating one's emotional truths. It offers courage, aids shyness and tendency towards self effacement; clears the throat Chakra; programs the etheric body for creative

work; heals laryngitis, sore throats, hoarseness; soothes and calms; opens the voice.

AGATE - GEODE

Draws negativity, pain and energy blocks through the Chakra and aura layers to release them; suction and vacuum-cleans aura energy, acts as a magnet for negative energy and pulls it out, grounds negative energy into the earth while cleansing and transforming it; it's a good tool for aura workers, massage therapists, and energy healers. Most geodes are self-clearing

AGATE - LEOPARD SKIN

Protects the heart Chakra at the etheric double level only; brings spiritual energy into the heart to heal heartache and heartbreak; protects healers from burnout and from getting overly involved emotionally with those they heal; aids holding unconditional love; clears psychic attacks at the heart Chakra level, slowly dissolves negative cords in the heart Chakra, heals heart scars slowly.

Think of your strongest fear; take a piece of leopard skin agate in one hand and a piece of bloodstone in the other. Focus on your fear and watch it dissolve.

AGATE - RED- BROWN

Calms belly chakra activity; eases sexual cravings, eases longings for a child and pregnancy; helps premenstrual syndrome, menstrual cramps, nausea, and bring on menstrual flow; is generally emotionally calming; slows, warms and stabilizes.

AMETRINE

Stabilizes the balance between spirituality and daily life, aids in bringing spiritual values and abilities into daily use, supports spirituality as a way of life; helps psychic opening and development, astral projection, working with spirit guides, meditation; balances inward with outward energy flows.

AQUA AURA CRYSTAL

Brings light into the throat Chakra, heals the ability to feel and express emotions, increases awareness of inner truth, heals inability to speak out and fear of speaking out; heals karmic structural damage to the throat chakra; aids telepathy and empathy, opens awareness of one's spiritual life

AQUAMARINE

Brings spiritual vision. It calms the mind and lifts the spirits. Preserves innocence. It is said to quicken the intelligence and lead to greater self knowledge.

AMBER

Used for making and breaking spells. It is calming and by absorbing negative energies it helps the body to heal itself.

BLOODSTONE

Strengthens idealism and the will for good. The healing red and green colour combinations help blood purification and detoxification of the organs; offers psychic protection

BOJI STONES

Works from the emotional body level to clear and stabilize the entire aura system; heals negative feelings, negative emotional patterns and old pain; translates emotional changes in physical body healing; used singly bojis heal physical pain, used in pairs they open the aura and release blockages from the acupuncture meridians and human electrical system; promotes free flow of ch'i and balanced energy; helps heal structural-skeletal pain, arthritis, backaches, scoliosis, osteoporosis; aids feeling supported and nurtured by the earth.

CARNELIAN

Protects from evil, elevates the spirits, ground energies assisting concentration and mental focus; promotes responsible sexuality, sacred sex, and planned reproduction; aids creativity of all sorts, raises moods, warms, aids

non-inflammatory arthritis.

CHRYSOBERYL - Cat's Eye

Creates the ability to see as a cat sees- all the things people miss; evokes visions of other realms, dimensions, planets; promotes psychic vision; fosters contact with positive other-planetary healers and teachers; aids dream work and dream clairvoyance; facilitates out-of-body journey; creates affinity and oneness with cats, enhances psychic communication with small cats and large ones.

CITRINE

Pale to deep or even smoky yellow, it activates mental powers, helping in the control of emotions. It improves self image bringing the golden light of confidence into relationships and ones' environment, improving the quality of life. It eases toxic conditions, clarifies thought and helps with diabetes; it helps and stimulates intellect and mental activity; aids urinary, kidney, and digestive is-eases; aids assimilation.

CORAL BLACK

Represents the Wiccan horned god, the male son-lover of the Goddess, male fertility, union with the Goddess, conception and fatherhood; evokes the protector of the mother and child, protector of the family, and protector of the Goddess earth; nurtures psychic masculinity, symbolizes the ritual high priest who bows to the priestess goddess, supports the male who respects women and life.

CORAL PINK

Supports pregnancy, giving birth, and the new infant; eases morning sickness, eases fear of becoming a mother and fear of delivery; helps baby feel wanted and secure; helps baby adjust to a new incarnation; eases colic and crying, infant distress; alleviates mother's postpartum depression, aids nursing.

CORAL RED - aids conception and pregnancy, heals the ovaries and fallopian tubes, stimulates ovulation; draws baby's spirit to its karmically chosen mother's

womb, may also be used to aid adoption process; eases childbirth, aids new mother's adjustment and bonding to her baby, aids new baby's entrance into incarnation; heals the adult's inner child, heals adults who were adopted children, helps in mother-daughter healing.

CORAL WHITE

Helps children adjust to being in new bodies, aids in their awareness of spirit guides and "invisible playmates"; stabilizes children's psychic abilities and protects them from being shut down by adult's criticism; aids growth of the physical body; supports optimal physical emotional and psychic development; protects vulnerability and innocence in children and adults.

CHRYSOCOLLA

For women's all-healing and internal physical healing, connects one with goddess; Creates awareness of self as a part of Goddess; connects thymus and throat chakra for releasing grief, sadness, and fear from the emotional body and aiding the entrance of joy, certainty and peace; supports letting go, surrendering pain and worry to universal love; aids emotional healing from incest, rape, mastectomy and hysterectomy(This life); heals lungs, throat, heart, premenstrual syndrome, cramps, inflammations.

CELESTITE

Heals the aura, astral body, and Light Body; aligns the bodies and fosters connection and ability to work with Goddesses, spirit guides, angels, nature devas, dolphin devas, ascended Be-ings. It advances channeling; brings about information/light, core soul healing, twelve-strand DNA, psychic development, spiritual and karmic growth. It evokes peace, manifests the element of ether and the ability to flow with life.

CHRYSOPRASE

Soothes heartache and loneliness, fosters emotional balance, conflict resolution, inner peace, inner strength; provides courage in facing real emotions, opens and heals old traumas and grief; creates trust in goddess, facilitates learning

to flow through life and change, reduces fear. This stone is used to treat fertility problems, the digestive system, the goiter, gonads and the hormones.

CALCITE

Aids mental clarity. Soothes anxiety, calms turbulent energies. Expands awareness, aids intuition.

DIAMOND

Fills hara and kundalini line chakras and channels with light, connects with spirit guides and Goddess; merges karmic union marriage with soul's life purpose, anchors spiritual union into earth plane bodies; fulfills marriage contract made with mate in the pre-life state, holds the template of the marriage, promotes harmony, and balance in relationship and marriage. A diamond retains the karmic imprint of the marriage even after the relationship of life of the wearer ends.

EMERALD

It is believed to improve intelligence, give power to see into the future and grant success in business. It acts as an emotional stabilizer and is supposed to help tired eyes.

FLUORITE

Used for grounding, balancing and focusing one's energies. Absorbs negative and other energies and alters them. - Opens the chakras. Good for physical and mental healing; strengthens the bone tissue.

GARNET

Aids in dreams and past life. Recall. Increases determination, energy and courage. Attracts love and protects from infection.

JASPER

Protects from witchcraft. Soothes the nerves.

HAWK'S EYE

Works by increasing the psychic's ability to see what is wrong and then change it, transforms negative energy into positive, heals negative energy brought in from past lives; increases ability to see and release karmic attachments and negative entities from the aura, clears and grounds negative energy from the hara line, fosters ability to see and clear hara chakra hooks; increases night vision and psychic vision

HEMATITE

Grounds and stabilizes one's incarnation into the earth plane; heals karmic anger and rage, heals those who were warriors in past lives and in this life, provides courage in facing karmic battles and courage in wartime or childbirth; supports facing and healing the shadow side of the self; fosters peace and nonaggression; stops bleeding and hemorrhaging, prevents excessive bleeding in childbirth, helps menstrual flooding.

HERKIMER DIAMOND

Evokes pure love and pure information/light; stimulates gentle transformation; brings harmony within, with others, and with one's world; fine tunes aura energy and the etheric, emotional, mental and spiritual bodies; aligns physical and spiritual self; creates mental clarity, expands awareness and passivity, engenders the feeling of having everything one needs; supports living in the present peacefully, connects other dimensions and stars to one's life purpose and to the Earth; connects the individual to the universal grid, her light Body and oversoul; aids soul retrieval; draws one's soul mate and soul friends; fosters core soul healing, comforts.

HOWLITE

Creates and unmask delusion and illusion in one's life, aids in creating and dissolving masks and costumes on the mental level; reveals self-delusion and the deluding of others; helps prevent tearing down reality or refusing one's truth to create a deception; expands consciousness, refuses limitation; can be used positively or as a negative escape for oneself, honestly or dishonestly toward others.

JASPER - Brown

Protects and repairs the energy envelope of the etheric double aura; heals aura tears from trauma, anesthetics, prescription or recreational drugs, alcohol use, fear, physical pain, or psychic attack; helps to retain aura integrity against negative energy and other' negative thought forms, helps filter out the negative mass consciousness; helps delineate boundaries between self and others.

JASPER - Leopard Skin

Opens conscious knowledge of the living library, encodes the history of all peoples that came to colonize earth and the planets they came from; encodes the history and origins of all species brought to earth and developed here, and the herstory of life on earth since other-planetary arrival; contains the keys to the future development of earth people and species, helps manifest twelve-strand DNA healing; protects those who work with the living library, increases information/light.

JADE - Green

Is used for protection from spirits, for safe journeys, to attract good luck, for wisdom, for a long life and peaceful death. It is believed to help in treating kidney and bladder complaints; aids bodhisattvas and those on the path of enlightenment, stimulates Kwan Yin energy.

JADE - Black

Aids in coming fully into incarnation for the purpose of enlightenment; aids understanding and healing karma, promotes ego nonattachment; fosters peace on earth and in oneself, promotes earth healing and environmental awareness; increases compassion for other-than-human lives on earth (animals, plants, insects, birds); facilitates communication with animals, engenders respect for the ones of all life

JET

Quietens fears. Protects from violence and illness. Aids grieving.

KYANITE

Aqua blue; opens, cleans and balances the thymus chakra, connects the emotional body/hara line to the etheric body/kundalini line; enables one to process feeling and release sorrow, alienation, anger and grief; encourages compassion for the suffering and oneness of all life; fosters compassion for oneself, forgiveness and self forgiveness; increases the ability to reach out to others and to love again after loss.

LAPIS LAZULI

Aids psychic development, mental stability; lifts depression. Gives hope and self confidence. It can release old memory patterns, uncovering old wounds that may need soothing and healing. It is the stone of friendship; helps to cut through superficialities to find inner truth. *Lapis is best worn with other stones like amethyst or rose quartz to mellow and gentle its effects.*

LABRADORITE - Grey

Connects the emotional and mental bodies to one's life purpose and physical action, activates the hara line; protects and clears the aura of negative energy, psychic attacks, negative alien interference and implants, attachments and spirit possessions; opens eye/vision chakras for using the eyes as lasers in psychic healing; opens the ability for accurate pendulum use, increases psychic vision and visualization; aids the ability to see and communicate with positive other-planetary beings and protects from negative ones; connects one to the light grid and galactic healing levels; fosters consciousness of life purpose, provides a transformative and intense energy.

MOONSTONE - Blue

Focuses one on the psychic abilities of empathy and telepathy, sending and receiving; helps to communicate psychically with people, pets, discarnate entities, plants or animal spirits, goddesses, spirit guides, and angels-beings in or out of body; aids communication with other-planetary beings; aids communication across time, dimension, space and the galaxy; aids psychic hearing; helps to honor oneself as psychic being and a part of goddess, encourages self-blessing,

and psychic healing.

MOONSTONE - Grey

Focuses one on the psychic abilities of vision and clairvoyance, psychic sight and knowing; creates new realities and understanding other than earth-plane realities; aids visualization, meditation, guided journeys shamanic journeys, visual psychic healing; helps one to see extraterrestrials, discarnate entities, spirit guides, angels, goddesses ad divas; expands one's spiritual an psychic vision, helps to see oneself as a part of Goddess and the universal plan; increases ability to focus on one's life path.

MOONSTONE - White

Supports women's connection to the goddess and the moon; regulates menstrual and fertility cycles, m0nopause; enhances psychics "lunar" knowing, psychic sight, entrance into other-than-earthplane realities; increases intuition, advances ancient women's wisdom, helps develop magic and the Craft, enhances ritual; soothes and heals the emotions and mind, aids spiritual growth and development, heals the astral body.

MOTHER OF PEARL

Soothes, reduces stress ad worry, increases knowledge that everything is okay; helps to see a positive reality, heals friction in one's life, helps one learn to flow with life; engenders a sense of safety an security, brings emotional shelter; balances physical energy, provides lymphatic and immune support, puts one in touch with the all-nurturing Mother goddess.

MUGGLESTONE (Hematite and Jasper)

Focuses one's energy on the body and the earthplane; grounds, centers, balances; protects the integrity of the etheric double aura from tears and rips, repairs the damaged aura envelope, protects against ad repels psychic attacks; gathers and clams scattered energies, reduces stress particularly when induced by conflicts with other people; aids recovery from anesthetics ad surgeries, reduces bleeding.

MALACHITE

Detoxifies the emotional body, releases negative/painful emotions, clears and releases old traumas from this life and past lives; detoxifies liver and gall bladder at physical and emotional levels, brings things out from within; aids childbirth labor, aids emotional therapy and recovery process; protects against psychic attack and other's negativity, protects against poisoning. *Malachite's deep energy cleansing may not be comfortable; use in small doses.*

METEORITE

Brings a message from the stars that we on earth are neither alone nor abandoned by the universe, promises that the quarantine of planet earth will end and a time of hope and peace will come; brings aid from high level beings from other planets and dimensions; contacts other-planetary helpers and protects from negative alien energy.

OPAL - White

Opens and amplifies the energy of all the kundalini chakras, fills the kundalini line with colour and light; amplifies negative patterns and behaviors for the purpose of clearing and releasing them; raises the kundalini, increases light and spiritual awareness, enhances spiritual initiation. *Use with rose quartz for positivity and balance.*

OPAL - Blue

Intensifies the need and ability to express emotions and creativity, enhances expression of repressed emotions; opens communication between people, people and pets, people and spirit guides; aids psychic hearing, sending and receiving, promotes empathy and telepathy; soothes the throat, opens the voice, calms.

PEACOCK ORE

Opens the third eye/brow chakra; stimulates psychic opening, psychic vision, and clairvoyance; facilitates inner knowing, increases self-confidence on one's path, reinforces certainty of what one psychically sees; aids psychics' learning

to trust their abilities, helps with distance healing; helps in creating one's own reality and manifesting by visualization.

PEARL

Soothes and heals the negativity and struggle in one's life; surrounds negative energy with light, dissolves negative energy, heals negative thoughts and thought forms; moves attachments and psychic attacks of the aura, helps to release negative karmic patterns, fills the aura with healing light; calms and soothes the emotions, heals the negative inner voice and subpersonalities.

PERIDOT

Balances the process of emotional release and healing, regulates detoxification of emotions to comfortable levels; heals emotional and physical pain, lightens suffering; fosters emotional balance, security and inner peace. Aids physical detoxification and helps the assimilation organs-liver, kidneys, and bladder, gall bladder, stomach; heals ulcers, irritable bowel syndrome, kidney infections.

PYRITE

Assimilates and manifests higher-level energy, stabilizes energy levels and intake; receives expanded amounts of energy/light without becoming scattered or stressed; brings about optimal use of psychic energy, calms; aids prosperity and ability to manifest earthplane needs and abundance, uplifts and grounds at once.

OBSIDIAN

Is good for vision work or divination. This stone reflects the flaws in one's nature. Revealer of subconscious hidden truth; reveals awareness of negative karma to clear and heal it; increases awareness of the body and centering of the soul into incarnation, grounds spirit into body after psychic work. *This is a good stone for scrying and for past-life regression.*

OBSIDIAN - MAHOGANY

Roots one's life purpose into that of healing the planet; promotes Earth stewardship, activism, environmentalism; helps psychic healers who focus on earth healing and helps activist against species extinction; aids those who care for animals, reptiles, birds, insects, and plants on the land and seas; supports and prevents burnout and discouragement, aids communication with nonhuman species and nature devas.

OBSIDIAN SNOWFLAKE

Opens awareness of past lives and of having had many incarnations; increases knowledge that we have been here before and will be here again, that there is no death of the soul; aids in past-life meditation and regression work, and in understand the present in terms of the past, heals karma and karmic patterns.

ONYX BLACK

Reinforces the knowledge that there is no death; aids understanding the wheel of birth, death and rebirth; brings about the knowledge that separation is an illusion and reunion will come; aids psychic contact with those who have died, facilitates séances and mediumships, brings messages from the dead, aids past life and between lives regression work; helps future life progressions, prevents and removes spirit possessions.

MALACHITE

Believed to raise the spirits and increase hope, health and happiness. It attracts physical and material benefits (prosperity). Assists wise rule helps remove mental blocks hindering spiritual growth.

RHODOCHROSITE

Inspires forgiveness, heals emotional scars, attracts love, it helps one to face reality and new situations. It assists the integration of physical, mental and emotional fields.

ROSE QUARTZ

The pink colour is due to manganese. This stone soothes the heart, heals the wounds of neglect giving inner peace. It promotes forgiveness, love and friendship. It makes one more receptive to beauty, hastens recovery and gladdens the heart. *Gem quality or crystalline Rose Quartz has the strongest and clearest energy.*

RUTILATED QUARTZ

Contains titanium oxide in the form of slender needles. These amplify the energy of the quartz, aid healing, ease bronchial problems and increase tissue regeneration. These are also useful for rebalancing the different levels of consciousness.

QUARTZ SNOW

Calms and balances the third eye chakra; helps those who fear their opening psychic abilities, teaches how to use new psychic abilities; aids learning to meditate, balances kundalini reactions, facilitates gentle opening

RHODOCHROSITE

Cleanses the heart chakra and emotional body of the need to suffer; releases karmic guilt as the "Cross of St. Michael" releases suffering from past lives held in the present-life aura; reprograms the emotional body to receive joy, heals the ability to give and receive; heals chronic self-blame, detoxifies physically and emotionally, heals digestive problems and ulcers.

RHODONITE

Grounds emotional flights into earthplane reality; helps in recognizing real from wishful in relationships for those who fall in love too fast and too often); aids in seeing one's current flame as a real person; promotes maturity in love affairs and relationships, aids in distinguishing real from fantasy in love.

RUBY

intensifies life force energy in the root chakra and kundalini line; connects kundalini and hara lines at the perineum, thereby connecting life force with life propose at the physical level; stimulates the will to live and the body's ability

to support the incarnation; alleviates physical coldness, weakness, chronic blood diseases, chronic fatigue, low vitality.

RUBY - STAR

Brings information/light into conscious awareness; aids contact with spirit guides, angels, positive extraterrestrials, other-dimensional beings, and Goddesses; fosters channeling and automatic writing of other-level information, draws out information from and connection to the mind grid and Earth grid; aids psychic who spend too much time out of body, stabilizes all levels; aids in chronic fatigue, weakness and debility.

SAPPHIRE - BLUE

Fills the hara line with light; increases communication with, connection to, and awareness of spirit guides, angels, the Light Body, oversoul, universal mind grid and Goddess. Activates and manifests one's life purpose and brings it into earthplane consciousness, focuses intent and awareness on fulfilling one's life purpose and karmic agreements for soul growth; brings gifts of fulfillment-joy, prosperity, inner peace, beauty- into one's life. *This stone has powerful and transformative gemstone energy that may work quickly and drastically.*

SAPPHIRE - STAR (natural not synthetic)

Promotes connection with other-dimensional and other-planetary information for healing oneself and others; aids teachers of healing and healers in becoming clear channels for healing, facilitates connections and working with angelic beings in healing; supports those in service to others and the planet; aids becoming an old soul, becoming a bodhisattva; eases healers' burnout, aids healers' own healing needs.

SELENITE - DESERT - ROSE

Produces spiritual nourishment, connects with the Mother goddess; engenders the feeling of being cared for; being safe and cared about, and being taken care of by the universe and the Mother; brings about security, safety, the feeling that all is well; creates inner peace; aids in knowing that one is valued in the universal

plan; helps nursing mothers to have enough breast milk, aids in giving nourishment as well as in receiving it.

SAPPHIRE

Calms the nerves, attracts good influences and strengthens faith.

SODALITE

Aids sleep. Helps lower blood pressure and balance the metabolism. Improves courage and endurance, encourages rational outlook widening the perspective. It balances the pituitary gland and third eye chakra; heals the lymphatic and glandular systems, nerve endings, vision nerves. Encourages beginning psychic vision, helps new psychics to accept opening, calms fear of one's psychic vision and abilities; aids in letting go of control and trusting the Goddess and the process; soothes and heals the central nervous system.

SERAPHANITE

Aligns the soul bodies, opens and aligns the Body of Light to the astral body vibration; harmonizes energy vibration rates among the bodies and chakras, brings one's astral twin self into the physical level aura, purifies the aura; aids in contact with spirit guides, angels, and goddess; brings awareness of one's place in the universal plan; supports psychic vision, enhances Spiritualized seeing of the world; promotes peace in the world and in oneself.

SERPENTINE

Clears, develops and expands the hara line's ability to hold energy; detoxifies and clears the hara chakras and hara line of blockages; aids grounding and cleansing, moves energy in a strong downward stream that may not be comfortable.

SMOKEY QUARTZ

The black or brown coloration can be due to iron, titanium or carbon. It encourages survival instincts, stimulates and purifies the energy centers. It grounds and

stabilizes energies and helps lift depression. It can draw out and absorb negative energies, replacing them with positive energies,. It has tremendous healing power, especially in the abdominal area.

TOPAZ

Improves the intellect; Develops psychic abilities; Calms mind and body; Strengthens the blood vessels.

TOURMALINE

Gives inspiration. Balances, protects, calms, gives self confidence and cheerfulness.

TOURMALINE - BLACK

Protects the aura and the incarnation, brings Earth energy into the root chakra and kundalini channels; acts as a protective shield, absorbs and transmutes negative energy, and negative thought forms from oneself and others, offers protection from psychic attacks and spirit possessions; heals fear and panic, brings a sense of safety and security; activates the ability to ground and center, encourages rootedness in the earth and the body; creates a feeling of being welcome on the earthplane, enhances the ability to stay in the body.

TOURMALINE - WATERMELON

Heals and opens one's ability to reach out to others; fosters trust of self, others, and the Goddess; enhances self-love and universal love; encourages service to the planet; helps wounded healers and those who have suffered past abuse; heals and removes heart scars; brings one's pr-life karmic agreements and life purpose into one's heart, opens the heart and the causal body chakra

TIGER'S EYE - Golden

Protects from witchcraft and evil. Attracts good luck and aids the insight into oneself. Makes one invisible to negative energy sources, protects against psychic attack; clears negative energy from the solar plexus, returns negative energy

to its sender; protects travelers and automobiles from accidents; aids in ability to discern evil, aids physical visions.

TIGER'S EYE - RED

Connects kundalini and hara lines at the root/perineum, aids in drawing earth energy into the body and chakra system; starts the flow of the Ch'I Kung microcosmic orbit through the hara line; increases life force energy through the hara channels, raises the kundalini.

TIGER IRON (Tiger eye with Hematite)

Grounds, reduces stress by decreasing sensitivity; protects in war and danger; shields and closes the solar plexus chakra by founding its energy into the earth; helps those too physically sensitive to city noise and pollution and those who take on others' emotions in crowds. *This is a good stone for men ad those whose new psychic opening is still ungrounded and untrained. Use only when needed, not for all-the-time wear.*

TOPAZ - BLUE

Aids in feeling one's anger and releasing it, brings realization of one's emotions and emotional pain; helps one learn one's true and real feeling and honour them; helps one let go of anger and resentment; promotes surrender to forgiveness of oneself and others, gives one's pain to the goddess for healing.

TOPAZ – GOLDEN

Stabilizes life changes and transitions from birth to death, heals the etheric double aura; balances energy flows through he central nervous system; balances the alignment of body, mind, and emotions on all levels; clears and heals the Light Body, promotes reincarnation while in the body (total karmic life change); stabilizes deep healing work and aura change, protects the aura during changes; releases and detoxifies, supports and heals the sacra-cranial spinal rhythm.

TURQUOISE

Brings wisdom. It is a lucky stone. Shields from harmful influences and attracts friendship. It reminds us of our spiritual nature, our earthly inheritance and its beauty. It heals the emotions and emotional body, enhances communication and creativity. Opens, clears, and develops the thymus chakra; connects the kundalini and hara line channels.

TEKTITE

Expands, aligns, and clears all the kundalini chakras and the kundalini line; connects kundalini and hara lines; protects energy; aids in grounding into earth reality; brings safety and security; evokes positive help from non-Earth sources, aids connection to Pleiadian healers and planetary protectors; makes one a channel for extraterrestrial help for the planet; protects the aura against negative alien interference, aids in removing negative energy implants.

UNIKITE

Clears the diaphragm chakra of toxic emotions and old pain; releases anger, resentment and vengeance to conscious awareness for clearing; makes negative emotions abhorrent, forces transformation of negativity through awareness; fosters realization of the oneness of all life.